

Embarrassing Conditions



Bad Breath

Bad breath or halitosis is often something the sufferer is unaware of and only begins to deal with when they notice the reaction of others.

[Learn more](#)

A - Z of Conditions



Listed alphabetically, written in easy to understand terms and presented in a user-friendly format with symptoms first, then description, causes, treatments, when to consult us, a pharmacist and when to consult a doctor.

[Learn more](#)

Swine Flu



Concerned about swine flu? Unsure about exactly what it is or how you catch it? Want to know more? Get the facts.

[Learn more](#)

Travel Health



Wherever you are travelling to make sure it's a trip to remember for the right reasons. From vaccinations and prevention of serious diseases to tips on what to eat and drink and keeping safe. [Learn more](#)

Diabetes Mellitus



Diabetes mellitus is a condition in which the amount of glucose (sugar) in the blood is too high because the body cannot use it properly. Glucose comes.

[Learn more](#)

Quit Smoking



- [Smoking Cessation](#)
- [Busting Myths](#)
- [Giving Up](#)
- [Smoking Cessation with NRT](#)
- [Tips](#)

Healthy Living



We would like to help improve you and your family's health from eating more healthily to de-stressing or looking after your skin.

[Learn more](#)

First Aid



Although most of us consider our home to be a safe place, we are more likely to have an accident there than anywhere else. [Learn more](#)

Support Groups



Find out the names and contact details of all the charities and organisations that may offer support and further information. [View Support Groups](#)

Medicine Database



Electronic Medicines Compendium.

[more](#)

If you are looking for the website for Channel 4's recent Medicine Men series and want to help build a collection of traditional remedies, then please go to: <http://www.medicin.echest.info/>

A project from Channel 4 and Royal Botanic Gardens, Kew